

ARC Winter 2019 - Newsletter

Accomplishments for 2018

ARC had many accomplishments during its first full year.

- Performed a **survey** of adventure racers.
- Ran **2018 national ranking** and awarded top teams in eight categories.
- Forged over **30 partnerships** with US race organizations
- Created a **race report** archive and a technical report archive.
- Created a library and FAQ of **AR resources** for racers and race directors.
- Awarded **non-traditional prizes** at four races around the US.
- Published quarterly newsletters.
- Instigated and participated in many online discussions about all things AR!

Goals for 2019

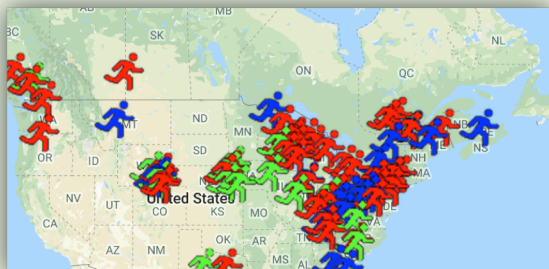
Continue running national rankings for the U.S. (and now Canada)!

Rank	Total Points	Team
1	490	Rootstock Racing
2	350	Untamed New England
3	340	Checkpoint Zero
4	314	Bones

Host (and support) regional race series around the U.S.



Maintain new calendar/map of U.S./Canada adventure races.



Adventure Starts Here

Upcoming Races

February

Winter Wildcat 10-hr
Rogaine - Natural Bridge,
VA, Feb 9

Panama Winter Adventure
- Panama, NE, Feb 23

Florida Sea to Sea 72-hr -
St. Augustine, FL, Feb 28

March

Ashley River Adventure
Race - Summerville, SC,
March 2

Frigid Infliction 10-hr
Adventure Race - Bolton,
VT, March 2

Test Your Nettle 5-hr
Challenge - Bolton, VT,
March 2

Break Up Adventure Race
- Milford, KS, March 9

Swamp Fox 12-hr AR -
Charleston, SC, March 16

Nain Rouge Gaine -
Brighton, Michigan, March
16

Physically Strong 6 and
12-hr Adventure Race -
Mendon, IL, March 23

ARC Rankings

Rankings as of Dec 31

- 1) Rootstock Racing
- 2) Untamed New England
- 3) Checkpoint Zero
- 4) Bones
- 5) MRC/MainNerve
- 6) Rib Mountain Racing
- 7) Quest AR
- 8) Bend Racing

Race Directors

Happy New Year!

In order to continue the many services that ARC provides, we request that race directors continue to:

- 1) advertise your races on the ARC Calendar,
- 2) report your race results to ARC,
- 3) promote ARC on your website,
- 4) share ARC Facebook posts on your org's Facebook pages,
- 5) post race reports in ARC's archive, and
- 6) encourage your race participants to become members of ARC.



3 Bike Moms get top honors in the all female team division.

What's New on the Website?

The ARC website has a lot of great information. Highlights include:

- an archive of journal articles/technical reports on endurance athletes and endurance racing,
- an FAQ for all levels of racers, but beginner racers will find videos and information that can help them get into adventure racing
- a page for supporting each region around the US, including information about the region's regional series, and
- an archive of race reports, written by racers, from races in the last two decades (including one on Eco Fiji 2002).

Race Reports

Race Name	Race Date	WrittenBy
Patagonia Expedition Race	11/15/2018	Columbia
Adventure Racing World Championship 2018 La	11/08/2018	Nathan Fa'avae
The Fig	11/03/2018	Kate Geisen
The Stockville	11/03/2018	Alyssa Godesky
2018 Douthat Strong	10/27/2018	Chris
Big Dog's Backyard Ultra	10/20/2018	Sarah Barker
USARA Nationals	09/29/2018	Brent Freedland
The Wildside AR	09/29/2018	Liam St Pierre

If you come across (or have) anything that we should add to our AR Resources, or have a resource you'd like to see, please share them with us by emailing resources@arcooperative.org.

ARC Membership

We are excited for existing members to renew their membership, and we look forward to welcoming new members.

How to renew your membership:

Existing ARC members should have received an email from Member Planet. This platform will help us manage our growing membership base and help us to bring AR resources to both our members and the AR community. Please take **two minutes** set up your ARC account. Most of your personal details should already be in the database. Once you have completed the process, you will be able to renew your ARC membership, access your digital membership card, and view other member related information. Thanks for supporting ARC and its efforts!

Don't forget to encourage your non-member adventure racer friends to join the movement. New members are always welcome and can sign up at www.arcooperative.org/membership

If you have any questions or need assistance with setting up your account in Member Planet, please do not hesitate to contact membership@arcooperative.org.

ARC is a 501(c)3 not for profit organization. All members ARC members, as well as the board of directors, are working on a volunteer basis. All financials are available on the ARC website.